



Maximizing your doctor's visit with collaborative conversations

This guide is designed to help you make the most of your doctor's visit by giving you questions you may want to ask.

Don't hesitate to ask your doctor questions, to make sure you get the optimum care for you.

Chronic Nasal Polyps (CRSwNP)

- What causes my CRSwNP symptoms?
- Why are my nasal polyps not going away with my steroid nasal spray?
- Can surgery prevent my symptoms from coming back?
- Why have my nasal polyps come back after surgery?
- How can I get my sense of smell back?
- What should I do if my CRSwNP symptoms get worse?
- What lifestyle changes can I make to help manage my symptoms?
- My CRSwNP is really affecting my sleep and my daytime energy levels, as a result. Is there anything you can suggest?

Treatments and management

- What are the different treatment options available for my condition?
- Which is the most effective treatment for me, based on my symptoms and medical history?
- Can you explain the benefits and potential side effects of all my treatment options?
- Are there any treatments that target the cause of my CRSwNP?
- What are the pros and cons of surgery, and repeat surgery, compared with biologics?
- How long does each treatment typically take to show results?
- How long do the benefits of each treatment last?
- What can I do to make my nasal polyps less likely to come back after surgery?

After your appointment, remember to follow through on any actions proposed by your doctor.