

Make the most of your healthcare appointment with collaborative conversation

This guide is designed to help you make the most of your GP or specialist visit by giving you questions you may want to ask.

Don't hesitate to ask questions to help you better understand your condition and the management options available to you

This guide is for information purpose only. Always consult your healthcare team before making any decision about your treatment or care
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Understand Chronic Rhinosinusitis with Nasal Polyps (CRSwNP)

- ☐ What causes my CRSwNP symptoms?
- ☐ How might my condition change over time?
- ☐ What should I do if my CRSwNP symptoms get worse?
- ☐ How can I manage symptoms that affect my sleep, daily activities, or sense of smell?
- ☐ How can I monitor whether my symptoms are improving or worsening?

Exploring Management Options

- ☐ What are the different options available for me with my condition?
- ☐ What happen if the treatment doesn't work well enough?

If Surgery is being considered

- ☐ What are the potential benefits and risks of surgery?
- ☐ How likely are my symptoms to return after surgery?
- ☐ What can I expect during recovery?
- ☐ Why can nasal polyps return after treatment or surgery?

After your appointment, remember to follow through on any actions proposed by your doctor.

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